

Cynergex Group Pty Ltd



OHS Practitioners – Protecting you with World's Best Practice

Protecting your organisation with Australia's full service OH&S Partner

Corporate Australia and government partner with Cynergex Group to reduce and manage their OH&S risk and minimise compliance costs. By offering you the most comprehensive range of services from some of the country's most experienced experts in OH&S practice, we meet your company's entire OH&S needs, from consulting and training right down to supplying your first aid kits.

If you are in the dental, hospitality, infrastructure, construction, manufacturing, rail, maritime or corporate office sector, our in-depth experience and understanding of your industry means we are fast to add value to your business. Our long term clients include Fairfax, Mirvac Construction, Transfield Services, United Group, Linfox, HCF, Pacific Smiles Group, Australian Dental Association, Buildcorp Australia and Bunning's Australia.

About Us

What we do

We protect your Board, your management, your employees and sub-contractors through the application of world's best practice OH&S. Our experience of working with medium to large organisations Australia-wide can help you develop a safety culture at every level of your business, which ultimately reduces the risk posed by non-compliance to you and your business.

We can assist you with risk management, Occupational Health and Safety, Environmental law and compliance, Pre-hospital care, First Aid and Emergency Medicine, Return to Work protocols and Management, Incident Planning Procedures, Accident/Incident Investigation and OH&S equipment.

Cynergex Group works for you by demystifying OH&S and incident management and we support you and your staff through our follow-up support services and Australia's first free phone-in advice line, manned by our OH&S experts.

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Cynergex Group Pty Ltd **Safety, Health and Environmental Services**

Head Office: 37/2 Chaplin Dve, Lane Cove NSW 2066 • Melb Office: Level 1, 18-20 Sarton Road, Clayton VIC 3168
ABN 54 071 826 321 • Phone: 1300 793 649 • Fax: 02 9420 4703 • www.cynergexgroup.com.au

A dynamic team of OH&S practitioners who get you results

Since 1995 Cynergex Group has helped protect more than 500 corporate clients Australia-wide from OH&S risk. We have experience across all Australian jurisdictions, have been influential in changing OH&S and First Aid legislation and are active in a number of industry bodies.

The company's steady growth is built on long term client relationships and our extensive capabilities cross the entire spectrum of our clients' OH&S requirements. Many of our major clients are still with us a decade later and personal referral is how most new clients come to us.

Clients have direct access to Cynergex Group's directors, who take a personal and hands on approach that drives high quality results. They lead a select team of professionally qualified consultants and instructors who have extensive health and safety knowledge and experience in a variety of industries.

Senior Team

Managing Director

Dr. John Fahey, PhD, BA (Hons), QAO, MICA, Assoc Dip App, Sc (Ambulance);
Cert. IV Assessment and Workplace Training, Cert. IV OH&S

One of Australia's foremost experts in industrial safety, organisation and management, John works closely with businesses to develop practical solutions to OH&S and emergency response processes. His approach is informed by front line experience and higher level policy perspectives from his time with the ambulance service, the military and in government.

John is a driving force behind the simplification of OH&S and first aid training regimes in Australia. A strong advocate for the reduction of the multiple regulatory regimes afflicting business, he helped found Australian Emergency Care Providers (AECPP), towards the goal of one Australian marketplace. It is the first Australian peak body covering first aid and emergency care training and service companies, and John served as the Foundation National President and continues to serve as a member of the National Executive responsible for Governmental relations.

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Director and National Operations Manager

Frances Fahey, Masters of OHS Management, BaEd (Adult), RN, Diploma in OHS, Diploma in Assessment and Workplace Training (TAA).

Frances Fahey is a principle in Cynergex and has a Masters in Occupational Health and Safety Management and a Bachelor of Education (Adult). She develops the training and educational strategies for Cynergex Group's clients, drawing upon a background in nursing, community care, OH&S and vocational training, and has extensive experience in dealing with government at all levels on vocational training.

Frances has been a Clinical Nursing Facilitator for the Nursing Faculty, and invited as a guest lecturer in the Science Faculty, at the University of Technology, Sydney. She has previously taught at Baptist Community Services where she ran significant labour market programmes and was a major contributor to the development of the first Nursing Assistant and Children's Services Traineeships in NSW.

As a business owner Frances understands the importance of meeting the real needs of a business, of making OHS systems simple and integrated into the everyday workings of the organisation. As an operations manager she understands the complexities that face business owners and managers and endeavours to develop innovative approaches that solve the unique problems they face.

Currently Frances is undertaking a Masters in Science by research at UTS, which she hopes to convert to a PhD in the next year. Her topic is "Why OHS Systems Fail".

Manager - Training & Services

Ian Vaughan, QAO, Dip. Pre-Hospital Care (Ambulance), Cert IV Workplace Assessment and Training, Cert IV, OH&S.

As the manager of Cynergex Group's first aid and emergency care training, Ian Vaughan is the company's senior medical training expert. He joined Cynergex after 27 years in the NSW Ambulance Service where he served as a front line Ambulance Officer and instructor/assessor.

Ian now runs the professional development arm of Cynergex Group and is responsible for ensuring that new instructors are fully conversant with Cynergex Group's philosophy and methodologies. As well as providing training in first aid and emergency medical response, Ian also provides training courses across a range of OH&S subjects.

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State Manager - Victoria

Iain Donald, Masters Of Business Administration, AGSE.

Iain has 25 years business experience across multiple industries including advertising manufacturing and construction. His areas of expertise and experience include strategy, change management and sales management.

His significant experience has been strengthened with a MBA from Swinburne University of Technology that was completed in 2004. Iain runs the Victorian branch with a tailored focus to meet client needs. Specifically to reduce the risks posed by non-compliance and to assist clients with the development of a safety culture.

Health and Safety Consultant

Graeme Peterson

Master Mariner Graeme Peterson has developed patented rescue devices, been recognised with three major industry awards and has trained more than 3,000 people in safety related programmes. These range from industrial and medical gas safety to government accredited maritime OH&S, a course he co-authored.

Twenty five years working with large organisations in the defence, ship building, industrial gases, offshore petroleum and maritime industries mean Graeme delivers to Cynergex Groups' clients a level of expertise that is hard to match.

The company you would keep

We protect some of Australia's best known companies

From medium-size companies to some of Australia's best known corporations, our clients come to us from a range of industries. They stay with us for the long term because we understand their business, focus on quality and our services contribute to their bottom line.

The company you would keep:

Australian Dental Association	Funeral Directors Association	DP World - Port Botany
Bartta Enterprises	Fairfax Media	Pacific Smile Group
Blue Scope Steel	United Group Infrastructure	Sydney Uni Sports
Buildcorp Australia	HCF	Mirvac Group
Bunning's Australia	Interlink Roads	News Limited
Cochlear Pty Ltd	Glaxo Smith Kline Aust.	Linfox
Downer Engineering	Polaris Marine	NSW Parliament Legislative Assembly
	Grocon	NSW State Records

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Consulting

Advice and support - Protecting you through world's best practice

Your partner in reducing risk

Clients call upon our consulting services in OH&S, environmental protection and awareness and emergency medical services because we ensure their compliance with the law while containing costs and adding value. The consulting team assigned to your business has the industry-specific expertise to help you identify and manage the OH&S and environmental risks inherent to your operation so, over time, you need us less.

Our consulting services help protect a diverse range of private and listed companies in Australia and internationally, and include specialised services and support for high risk environments. Our fundamental objective is to protect you, by protecting your business, your Board, your management, your employees and your customers.

Safety & Emergency

Clients in the construction, infrastructure, printing and heavy industry rely on our Safety and Emergency Response Teams (SERT) for 24 hour emergency medical and first aid coverage, as well as OH&S assistance and return to work co-ordination for your business.

Our teams have Qualified Ambulance Officers and Intensive Care Paramedics, and Registered Nurses who are cross-trained to provide you with capability in first aid, medical, OH&S and return to work (RTW) all in one position. Supporting these staff are specialist consultants with extensive experience with the industry groups. Use our staff for your day-to-day routine OH&S and RTW activities and you gain highly cost effective support for your operational areas.

We have a proven record of reducing our clients LTIFR by 43%!

Systems Analysis

Our consulting team conducts a full analysis to determine whether the OH&S system in place within your organisation is effectively achieving what it is supposed to achieve for the business.

We uncover any gaps or misalignment between your various systems which may increase your risk. For example, gaps in cross fertilisation between your Accident Reporting and Hazard Identification systems or between your OH&S management system and the building or facility maintenance systems.

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Accident Investigation

Rigorous and objective - Protecting you through world's best practice

Cynergex Group uses modern investigative, analysis and assessment techniques to assist you or your legal advisors to investigate any near-miss or loss (injury to person, damage to property or commercial loss) and identify what really went wrong. We can then make rational and sensible action to reduce risk and build error-tolerant defences to protect you against future incidents.

Our experienced investigators have developed a sophisticated tool called CAAR (Collect, Analyse, Assess and Recommend) system to allow rapid recognition of the root causes of an adverse event so that the appropriate steps to prevent recurrence and reduce risk can be recommended to you. CAAR's assists the identification of local factors and failures within the organisation and it's systems that contributed to the incident. These factors include communication, training, operating procedures, incompatible goals, change management, organisational culture and equipment.

CAAR incorporate best practice human factors and modern principles for identifying and correcting behaviours which adversely impact error and risk management systems.

Auditing

Cynergex Group's auditing for compliance with OH&S requirements will objectively identify the strengths, weaknesses and key risk areas within your business. Working closely with you, our auditing approach is driven by the issues you seek to uncover.

You receive our full analysis of your OH&S performance and management and recommended areas for improvement. Depending on your brief to us, our report can extend to a blueprint for action and steps to establish your OH&S system.

Training

Accredited training tailored to your business

Safety for your operations, your employees and your business is the primary goal of Cynergex Group's training courses. Our Occupational Health & Safety (OH&S), First Aid and Emergency Medical training are accredited under the National Training System.

Courses are flexible, content is highly customised so your team's learning is directly applicable to their workplace, and all statutory obligations are met in full. Instructors combine a high level of qualifications with practical experience and a dynamic approach to bringing their topic to life in the classroom. You have the option of training conducted on-site at your premises or at our premises

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Training

OH&S Training

Your managers, supervisors and selected employees will gain practical skills they can put into action in your organisation with our range of OH&S courses. The 1-4 day courses extend beyond WorkCover requirements whilst offering you flexibility in structure and timing. Content and teaching style keeps participants' focused on applying their learning in the workplace.

- Return to Work Co-coordinator
- Consultation and OH&S Committee and Representatives Training
- Risk Management
- Accident Investigation and Reporting
- Manual Handling

Emergency Medical Training for Dental and Medical Practices

Cynergex Group works with some of Australia's major dental and medical groups to ensure dentists, GP's and their staff, are prepared to handle life-threatening emergencies in the surgery. We offer courses approved by the Australian Dental Association and the Royal Australian College of General Practitioners.

Training takes place in the surgery – allowing both realistic simulations of emergency situations, and advice specific to the practice's location and floor plan.

First Aid Training

If your workplace has a First Aid room and legislation requires you to have trained first aid officers to operate it, Cynergex Group offers you a range of courses, including nationally accredited first aid courses. (All courses are approved for workplaces where this is required.)

We have been delivering First Aid training to clients for more than a decade and our Quality Assurance system ensures consistently high standards. Instructors are ambulance officers, most of them Paramedics and Advanced Life Support Officers with several years 'on-road' experience. Training can be on-site at your premises or we invite you to our training facility.

- Senior First Aid (WorkCover approved course for first aid officers)
- Advanced Resuscitation and Defibrillation
- Occupational First Aid (WorkCover approved for those in charge of a first aid room)
- Cardio Pulmonary Resuscitation (CPR)

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Equipment

Customised First Aid Kits, Emergency Resuscitation and the right First Aid Room equipment mean your people can handle emergencies in the workplace, and your business complies with OH&S legislative requirements. Cynergex Group advises you on the most appropriate equipment for your organisation, according to the risk assessment conducted within your business.

All Cynergex kits and equipment are fully compliant with standards within Australia and Cynergex Group is an Approved supplier registered by the Australian Therapeutic Goods Administration.

Medical Equipment

The right medical equipment on-site is a critical factor to the effective handling of any emergency situation that arises in your organisation. Clients in the dental, hospitality, infrastructure, rail, maritime and corporate office sector trust Cynergex for expert direction on appropriate medical equipment and to supply their needs cost-effectively.

- Emergency Resuscitation Equipment
- First Aid Room Equipment

First Aid Kits

Your First Aid Kits are customised with the right stock required by your industry, the number of employees at your site and to meet the specific needs of your organisation. Every kit compiled by Cynergex must, as a minimum standard, comply with State and Territory work place laws. We source specialist items as needed and typically supply kits to clients on a national scale into multiple sites Australia-wide.

First Aid Re-Supply Services

Our First Aid Kit Re-stocking Services allow you to select the most cost-effective and efficient way of keeping your First Aid Kits re-stocked. Your equipment and labour costs are clearly and separately identified as we use a very transparent system that assists you in managing your costs. We therefore do not hide our labour in the price of the supplies and neither do we re-stock above the agreed levels or provide you with expensive items your business does not require.

Standard re-stocking service options are:

1. Cynergex re-stocks your First Aid Kits on-site

Cynergex can come to your site to check and restock all kits on site.

Minimum labour and travel charge for this service, per site, is \$110 (GST inclusive) plus the cost of any items placed in kits. Additional labour charge is estimated at \$27.50 per 15 minutes, after the first hour.

2. Your first aid officer checks your kits

Your first aid officer checks the first aid kit in their areas/department monthly and the kit lists are faxed to our office. The stock required is packaged singly for each kit and sent by courier or Australia Post.

Cost for this service is \$16.50 (freight) plus the cost of any items ordered.

3. Kit Exchange

Rather than having the Cynergex representative on-site for an extended period checking multiple kits, an equal number of kits is brought to the site and swapped for the kits needing checking. These kits are taken to our facility, cleaned and re-stocked and then used as exchanges on the next visit.

The cost of this service is \$55.00 (GST inclusive) plus the cost of replaced equipment.

4. Multiple kits not always on site (eg vehicles)

For organisations that need to ensure their vehicles are compliant, we can provide the required kits at a low price plus a stock of replacement kits for your stores personnel to issue if a vehicle kit is used. The replaced kits can then be collected and freighted to Cynergex for restocking.

This reduces costs to two freight fees of \$16.50 plus the cost of replacement stock.

News

Newsletter

Receive industry expertise and news direct to your inbox

Tap into advice from the Cynergex Group's team of OH&S experts and keep in touch with what is happening in the industry with the Cynergex group quarterly e-newsletter, emailed directly to you.

Resources

Publications

Work-specific publications

Cynergex Group is a developer of work-specific publications across the area of First Aid and pre-hospital medicine. Our easy to understand guides are for both professional and lay providers of care and include publications for dental professionals, industrial paramedics and first aid officers.

Contact Us

To find out more about how Cynergex Group can help your organisation, or for personal assistance in selecting and scheduling the right training course for your team, please contact the Cynergex team:

- Phone:** 1300 793 649 (Head office)
- Fax:** (02) 9420 4703
- Email:** sydney@cynergexgroup.com.au
melbourne@cynergexgroup.com.au
- Head Office:** Unit 37 / 2-6 Chaplin Drive
Lane Cove West NSW 2006
- Melbourne Office:** Level 1, 18-20 Sarton Rd
Clayton, Victoria 3168

Free Advice Line 1300 793 651

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